

Curriculum Vitae
SARAH KAUFFMAN

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Education

- 2011 – 2015 **M.D.**
University of California, San Diego
- 2002 – 2006 **B.S. in Health Promotion and Disease Prevention** (*cum laude*)
B.A. in Theater (*cum laude*)
University of Southern California

Postdoctoral Training

- 2019 – 2020 Hospital Appointment
Forensics Fellow PGY 5
Department of Psychiatry
New York Presbyterian Hospital (Columbia)/Mid-Hudson Forensic Psychiatric Center
- 2018 – 2019 Hospital Appointment
Women's Mental Health Fellow PGY 4
Department of Psychiatry
New York Presbyterian Hospital (Columbia)/New York State Psychiatric Institute
- 2015 – 2019 Hospital Appointment
Resident PGY 1-4
Department of Psychiatry
New York Presbyterian Hospital (Columbia)/New York State Psychiatric Institute
ACGME Program ID #4003521138

Postdoctoral Residency Fellow

Department of Psychiatry
Columbia University-College of Physicians and Surgeons

Professional Experience

- 2021 – Reproductive Psychiatrist
The Motherhood Center, NYC
- 2020 – Physician Director of Maternal Mental Health
Hoag Hospital
- 2020-2021 Staff Psychiatrist
California Department of Corrections and Rehabilitation
Richard J. Donovan Correctional Facility
- 2020 – Physician and Owner
Sarah Kauffman, M.D.
Reproductive and Forensic Psychiatry Private Practice

Licensure

- 2020 Qualified Medical Examiner, California
- 2020 Physician License, California
- 2019 Board Certified in Psychiatry
- 2017 DEA License
- 2016 Physician License, New York

Honors and Awards

- 2018-2019 Resident Board Representative
American Association of Community Psychiatrists
Elected by members of the APA Public Psychiatry Fellowship.
- 2017-2019 APA Public Psychiatry Fellowship
American Psychiatric Association
Contributed to Council on Communications as resident representative.
- 2015 Commencement Speaker
University of California, San Diego, School of Medicine
Nominated by faculty and peers.
- 2015 Recipient of Summer Institute for Medical Students Scholarship
Betty Ford Foundation, Hazelden Campus
Participated in week-long program to develop leadership in substance-abuse treatment.
- 2014 Inducted into the Gold Humanism Society
University of California, San Diego, School of Medicine
Chosen by faculty and peers.
- 2006 Renaissance Scholar
University of Southern California
Awarded based on breadth and depth of scholarship.

Professional Organizations and Societies

- American Academy of Psychiatry and the Law
- American Psychiatric Association
- American Association of Community Psychiatrists
- American Medical Association
- Postpartum Support International
- Marce of North America
- Postpartum Health Alliance
- Women's Mental Health Consortium

Grant Support

- 2012 NIH Summer Training Grant
Beyster Center for Genomics of Psychiatric Disease, University of California, San Diego
Research Mentor: Jonathan Sebat, Ph.D.
Designing a next-generation sequencing based assay for high-throughput genotyping of multiple rare CNVs associated with schizophrenia.

Educational Contributions/Leadership Positions

- 2020– Advisory Board Member
2020 Mom

- 2020 Instructor, Forensic Psychiatry Didactics Curriculum
Harlem Hospital Residency Program
- 2020 Instructor, Forensic Psychiatry Didactics Curriculum
Creedmoor Psychiatry Residency Program
- 2018–2019 Writer and Actor, Therapy Training Videos for Medical Education
Columbia University/New York State Psychiatric Institute
- 2017–2018 Co-leader, Behavioral Health Services and Policy Interest Group
New York State Psychiatric Institute
Participants: 50 faculty and trainees
- 2016–2018 Resident Representative, Monthly Resident Quality and Patient Safety Committee
New York State Psychiatric Institute
Participants: 4 trainees and 2 senior administrative faculty.
- 2016–2017 Member of Resident Applicant Screening Committee
Columbia University Medical Center
- 2016–2017 Resident Representative, Comprehensive Psychiatric Emergency Program Meetings
New York State Psychiatric Institute
- 2016–2017 Co-leader, Monthly Doctor on Call Case Conference Series
New York State Psychiatric Institute
Participants: 12 psychiatry residents and 1 faculty discussant.
- 2014–2015 Member of Medical Student Applicant Screening Committee
University of California, San Diego, School of Medicine
- 2014–2015 Peer mentor and academic community mentor
University of California, San Diego, School of Medicine
- 2014 Participant in 2014 Gold Humanism Honor Society Biennial National Conference
Atlanta, Georgia
- 2012–2013 President, Holistic and Integrative Medicine Interest Group
University of California, San Diego, School of Medicine
Arranged monthly outreach sessions to the community regarding health and wellness.
- 2012–2013 Lobbyist and participant 2012 House of Delegates for the California Medical Association
Sacramento, California
Three lobbying trips to Sacramento, two-day policy-making conference for CMA
- 2011–2013 Community outreach and education
Olivewood Gardens and Learning Center, San Diego, CA
Designed interactive semiannual sessions on health and wellness.
- 2011–2012 Manager, Women’s Health and Psychiatric Free Clinics
University of California, San Diego, School of Medicine
Managed panel of 100+ patients across four sites. Organized outreach for the uninsured.

Publications

- 2020 4. Hatters-Friedman S, Kaempf A, **Kauffman S**, *The Realities of Pregnancy and Mothering while Incarcerated*. The Journal of the American Academy of Psychiatry and the Law Vol. 48(3) Online May 2020
- 2018 3. **Kauffman S**, *Unique Challenges of Treating Incarcerated Women*. Community Psychiatrist Vol. 32, 13–14

- 2013 2. Shukair S, Allen S, Cianci G, Stieh D, Anderson M, Baig S, Gioia C, Spongberg E, **Kauffman S**, McRaven M, et al., *Human cervicovaginal mucus contains an activity that hinders HIV-1 movement*. *Nature: Mucosal Immunology* (2013) 6, 427–434
- 2009 1. van Swinderen B, McCartney A, **Kauffman S**, Flores K, et al., *Shared Visual Attention and Memory Systems in the Drosophila Brain*. *PLoS ONE* 4(6): e5989

Academic Presentations

- 2020 Oct. Invited Presentation
American Academy of Psychiatry and the Law
Infanticide: What Happens Next?
- 2020 June Invited Presentation
Columbia University Irving Medical Center
Navigating the Legal and Ethical Challenges of Reproductive Decisions for Women with Questionable Decision-Making Capacity
- 2019 Feb. Invited Presentation
Project for Psychiatric Outreach to the Homeless
Reproductive Psychiatry for Severe and Persistent Mental Illness
- 2018 Nov. Invited Hospital Presentation
New York Presbyterian/Columbia University Medical Center
Management of Aggression in the Pregnant Patient
- 2018 Oct. Invited Presentation
Institute on Psychiatric Services
Psychiatry Resident Training in the Correctional System: Overcoming Barriers and Increasing Interest Among Trainees
- 2018 May Symposium
American Psychiatric Association Annual Meeting
Rebuilding our Bridges: Using Quality Improvement and the Systems Based Practice Model to Address Systems and Physician Burnout
- 2017 Oct. Medical System-wide Quality Improvement Presentation
New York Presbyterian/Columbia University Medical Center
Rebuilding our Bridges: Using Quality Improvement and the Systems Based Practice Model to Address Systems and Physician Burnout
- 2013 Jan. NIH Training Grant Poster Presentation
University of California, San Diego
Designing a next-generation sequencing based assay for high-throughput genotyping of multiple rare CNVs associated with schizophrenia.
- 2007 May Poster Presentation
Western Psychological Association Conference
The relationship between alcohol, caffeine, and peer pressure in college students

Community Engagement

- 2021 May Quoted Source
HuffPost
5 Resources for New Moms Struggling with Mental Health

- 2021 May Column
MedPage Today's KevinMD
Maternal mental health in the time of COVID-19: How to find support
- 2020 Nov. Invited Presentation
Kaiser Permanente San Diego Competency Day
Perinatal and Postpartum Depression
- 2020 Nov. Invited Presentation
She Matters
Medication Management for Postpartum Mood and Anxiety Disorders
- 2020 Oct. Invited Presentation
Kaiser Permanente San Diego Ob/Gyn Department
Traumatic Birth
- 2020 Sep. Invited Presentation
Ahaana
Presentation on Postpartum Depression in the Community
- 2020 Aug. Invited Blog Post
Postpartum Health Alliance
Q/A with a Reproductive Psychiatrist